

FOOD



BRUSCHETTA

MURMANSK COD LIVER <i>with poached eggs and onion</i>	WITH SPRATS <i>and egg salad</i>
190	190
VORSCHMACK <i>minced herring with local apples</i>	RIYET FROM MACKEREL <i>with pickled cucumber</i>
190	190
MIXED (ASSORTED) <i>one of each</i>	
650	

STARTERS

CIABATTA <i>with oil of mountain grasses</i>	RAPANA JULIENNE <i>and Dor Blue cheese</i>	ROASTED SCAD FISHES <i>from Black sea</i>
190	370	300
OLIVES AND DRIED TOMATOES	HAWAIIAN AXI POKE WITH SALMON/ WITH TUNA	TARTINES WITH LAMPREY <i>smoked on juniper</i>
250	490/420	340
ARTICHOKES	SCALLOP <i>orange gel with ginger or asian sauce with cilantro and cucumber</i>	SPRING ROLLS WITH VASSABI SHRIMPS
280	350	320
OLYUTORSKY GULF HERRING <i>with baby potatoes</i>	WINE PLATE <i>camembert cheese, parmesan cheese, roquefort cheese, dry-cured ham, apple, honey</i>	
310	560	

RAW

RED CAVIAR WITH SOUR CREAM <i>on buckwheat pancakes</i>	TUNA TARTARE <i>with strawberry and chukka salad</i>	MUXUN STROGANINA <i>sliced frozen Siberia fish meat</i>
390	420	340
SALMON TARTARE <i>with avocado and mango sauce</i>	CEVECHE FROM LADOGA WHITEFISH <i>with yuzu sauce</i>	SALMON CARPACCIO <i>with ponzu sauce</i>
480	560	490
	SUGUDAI FROM WILD PERCH <i>with north berries</i>	
	450	

SALADS

SEASON GREEN SALAD WITH POACHED EGG	WITH COD LIVER AND CRUNCHY EGGPLANT
250	390
WARM SALAD WITH SEAFOOD	RUSSIAN SALAD OLIVIE WITH KAMCHATKA CRAB
360	390
WITH KAMCHATKA CRAB, AVOCADO AND ESTRAGON	HERRING «POD SHUBOY» WITH ANTONOVKA APPLES
470	260

SOUPS

SMOKED TOMATOES WITH ADYGHE CHEESE	COCONUT TOM YAM WITH SEAFOOD
290	490
KAMCHATKA CRAB BISQUE	PUMPKIN SOUP WITH SHRIMPS
390	270
RUSSIAN TRADITIONAL FISH SOUP	
360	

MUSSELS FROM WHITE SEA

CREAMY SAUCE WITH
ROQUEFORT CHEESE

WHITE WINE
WITH LEMON ZEST

SPICY MUSSELS
WITH TOM YAM
SAUCE WITH CILANTRO

WITH MORNÉ
SAUCE AND TRUFFLE OIL

served with french fries
690

KAMCHATKA CRAB

PHALANX OF CRAB WITH MELTED BUTTER
1250

WILD DEEP-SEA OYSTERS

served with lemon and sauce mignonette
300 g 990

BIG SEAFOOD PLATE

*scallop, deep-sea oysters, the North sea shrimps ,tiger prawns,
kamchatka crab, mussels*
5000

SHRIMPS

served on ice for 1-2 per.
with aioli sauce and garlic sauce

NORTHERN DEEP-SEA
890

HUMPY
890

BERING SHRIMP
890

MIXED (ASSORTED)
1500

GRILLED TIGER SHRIMPS ON FIRE

BREADED SHRIMPS WITH
VEGETABLE CHIPS

TIGER SHRIMPS IN WHITE
WINE WITH GARLIC SAUCE

SHRIMPS SMOKED SHRIMPS

SHRIMPS IN TOMATO
SAUCE WITH BASIL AND
HERBS

WITH WASABI SAUCE

550

MAIN DISHES

BAKED FLATFISH WITH SUN-DRIED
CHERRY TOMATOES AND OLIVES
100g 170

LADOGA PIKE-PERCH FILLET
served with black rice and pumpkin mousse
540

POTATO GNOCCHI
with rapanas, under cheese souce and truffel
410

PIKE CUTLETS
WITH MASHED POTATOES
440

GRILLED COMMANDER SQUID
with baby potatoes and curry sauce
490

PASTA WITH SEAFOOD
AND TOMATO SAUCE
580

MURMANSK COD CHEEKS
with roasted leek and cheese sauce (cream)
540

KARELIAN SMOKED TROUT
with potato cream and rhubarb jam
650

RIGATONI CARBONARA
WITH SMOKED CRAB
550

TUNA STEAK WITH SPINACH
and sauce yuzu
490

HOMEMADE DUMPLINGS
with salmon and spinach
490

FISH & CHIPS
with homemade aioli
390

FRIED RICE
WITH SEAFOOD
380

LIGHTLY SMOKED MACKEREL
with ptitim, goji berries and boletus sauce
410

NO FISH

CHIKEN CUTLETS
WITH BEARNAISE SAUCE
340

PASTA NAVY STYLE
WITH WILD BOAR MEAT
480

BEEF STROGANOFF
WITH OYSTERS MUSHROOMS
540

DESSERTS

CHOCOLATE TRUFFLE
hand made
80


CHOCOLATE GANACHE
with pear and saffron
320




«CRAB CLAW» CHEESECAKE
WITH MANGO
280

SORBETS AND ICE CREAM
150


NAPOLEON CAKE
250

 RUBINSHTEINA STREET, 23

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   / YOUNGASEAFOOD

 WWW.YOUNGASEAFOOD.RU

 *YoungaSeaFood (pass: helloyounga)*

*All prices are in Russian rubles. This menu is a point-of-purchase material.
Warn waiter about your allergies.
For more information about ingredients, ask a manager.*